



The Children's Aid Society Health and Wellness Division

Go!Chefs Intern (Unpaid; 5-10 hrs/week)

The Children's Aid Society (CAS) helps children in poverty to succeed and thrive. We do this by providing comprehensive supports to children and their families in targeted, high-needs New York City neighborhoods. In 2003, CAS launched a number of programs aimed at preventing and slowing the rates of childhood obesity in the communities we serve. The programs come together under the umbrella of Go!Healthy, a comprehensive obesity prevention and health promotion initiative that engages children from birth through adolescence, as well as parents and staff. For information about the Go!Healthy programs, please visit: www.childrensaidsociety.org/nutrition

Go!Healthy's Go!Chefs program is a nutrition education and cooking curriculum for elementary, middle and high school youth. Since 2005, Go!Chefs has introduced youth to the pleasures of growing, preparing and enjoying "real food" that is both nutritious and delicious - an essential step toward health and well-being. Our core goals are for children to embrace fresh fruit and vegetables, increase their food literacy and, build skills and self-sufficiency in the kitchen and garden. This program is a complement to our gardening program, which enables children to experience plant-based foods from seed to table. Both the Go!Chefs and gardening programs integrate movement, inquiry-based science learning, arts and crafts, reflection and journaling.

The Children's Aid Society's Go!Healthy program is seeking an intern to assist the Go!Chefs Manager in completing various projects throughout the spring and summer. Internship is flexible to the goals/interests of the intern with the possibility of being adapted for **fieldwork** requirements. Intern will have the opportunity to attend staff meetings and trainings.

Possible activities include:

- Data collection and analysis of pre and post evaluation surveys. Intern will have the opportunity to create a database, input collected data, analyze captured results and write a report on findings.
- Expand recipe catalog and create/design corresponding education materials for students.
- Create education materials for parents.
- Assisting Go!Chefs and Gardening instructors in the classroom.
- Assisting Program Manager in preparation for culminating Iron Go!Chefs event in June.

Candidate must be/have:

- Background in Nutrition or Public Health required
- Highly organized and able to work independently
- Energetic and self-motivated
- Extremely reliable
- A good communicator
- Proficient with Microsoft Office
- Willing to commit through July 2017

Candidates with experience and interest in evaluation work are strongly encouraged to apply.

To apply, please send a resume and cover letter to Corey King, MS, RD, Go!Chefs and Gardening Program Manager, cking1@childrensaidsociety.org

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The Children's Aid Society
is a founding member of
Boys & Girls Clubs of America.



Health and Wellness Division: 4 West 125th Street, 2nd Floor, New York, NY 10027 • 212-949-4948 • www.childrensaidsociety.org

A copy of The Children's Aid Society's latest annual report may be obtained upon request from The Children's Aid Society or from The New York State Attorney General, Charities Bureau, 120 Broadway, 3rd Floor, New York, NY 10271. Residents of FL, MD, MI, MS, NC, NJ PA, VA, WA, or WV will find the directions to obtain the information directly from their state at WM\l.childrensaidsociety.org/about/legal_disclosure